



**HAZLETON YMCA & YWCA ANNUAL  
RUN/WALK FOR THE GOLD**

5K Run / 5K Walk and Kid's Run

**DATE: Saturday, September 11, 2010**

Time: 10:00 am Kid's Run: 9:30 am

**Part of the Greater Hazleton FESTIVAL OF RACES**

**Entry Fee/Registration:** Prior to August 23<sup>rd</sup>, registration is \$20.00 (back pack guaranteed for pre-registrants). After August 23<sup>rd</sup> registration is \$25.00. The Kids' Run is for children ages 10 and under, and the fee is \$5.00. There is no fee for the Kid's Run if parent or guardian is a participant. Race day registration starts at 8:00 am. Pre-registration can be done via mail or the Internet at

[www.hazletonymcaywca.org](http://www.hazletonymcaywca.org). Make checks payable to and mail to: YMCA & YWCA of Hazleton, 75 South Church Street, Hazleton, PA 18201. Any questions or concerns contact Melissa Miller at (570) 455-2046, Fax: (570) 455-9357 or email: [melissamiller@ymca-ywca-of-hazleton.org](mailto:melissamiller@ymca-ywca-of-hazleton.org)

**Course Description:** Start and Finish at the YMCA, gentle climb, early on with fast 1.5 mile to finish. Water on course. For runner's safety, NO strollers, pets, bikes, roller blades permitted. Course is open to controlled traffic. Note: Any walker found running will be disqualified!

**Age Groups and Awards:** Overall male and female runners receive a \$100.00 bond and plaques. Medals will be awarded to the MALE and FEMALE runners in the following age groups: 15 and under (3), 16-19 (3), 20-24 (3), 25-29 (3), 30-34 (3), 35-39 (3), 40-44 (3), 45-49 (3), 50-54 (3), 55-59 (3), 60-64 (3), 65-69 (2), 70 and over (1). Also, the first five male and female walkers receive a medal. All participants in the Kids Run will receive an award and a fun prize of their own. All entrants will receive free use of YMCA facilities for the day and post race refreshments, snacks and random drawings and raffles.

**Race Background:** Kick-off event for Hazleton Funfest Weekend. So after the event, stay in Downtown Hazleton for the food, music, sights and sounds that Funfest offers! All proceeds of the run will go to the benefit the Hazleton YMCA & YWCA Youth Scholarship Program. This program's goal is to help underprivileged children in our area participate in Y activities where we build strong Spirit, Mind and Body.

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Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Email: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age (on race day): \_\_\_\_\_  
Event: Run \_\_\_\_\_ Walk \_\_\_\_\_ Kid's Run \_\_\_\_\_  
Sex: Male \_\_\_\_\_ Female \_\_\_\_\_  
T-Shirt Size: Adult S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ Youth S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Please read and sign: in consideration of you accepting this entry, I, the undersigned intended to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the YMCA & YWCA, their officers and executives, the town of Hazleton and any and all sponsors and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a foot race entrant. That I am physically fit and have significantly trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. I hereby release photographer and his legal representatives and assigns from all claims and liability relating to said photographs. If under 18, parent's signature is required.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_