

# 2<sup>nd</sup> Colonels Run for Kids

Benefits: Wilkes Cross-Country and Valley Santa

10:00 AM Saturday, April 10th, 2010

Kirby Park, PA

## AGE GROUPS

### MALE & FEMALE

#### 1 Award per age group:

19 AND UNDER  
20 THRU 29  
30 THRU 39  
40 THRU 44  
45 THRU 49  
50 THRU 59  
60 THRU 69  
70 AND UP

Special award to the overall female and male. No duplication of awards.

**\$10.00** early registration fee until April 1st, 2010. **\$12.00** registration fee after April 1st, 2009. **No refunds !!!**

Registration from 8:30 A.M. until race begins. Starts and finishes in Kirby Park. It is an out – and –back course on the levy system.

### **THE RACE WILL BE RUN REGARDLESS OF WEATHER.**

For more information, call or write: Coach Nick Wadas, 84 West South Street., Wilkes-Barre, PA 18766  
570-574-9771 nicholas.wadas@wilkes.edu

Make checks payable to: Wilkes University

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In signing this entry I, for myself, my heirs, lawyers, executors, and administrators waive and release any and all rights and claims for personal damages I may have against the sponsors of the race. I hereby certify that I am physically fit and have trained for this event.

### **PLEASE PRINT CLEARLY AND COMPLETELY**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone number** \_\_\_\_\_ **Age** \_\_\_\_\_ **Sex** \_\_\_\_\_

\_\_\_\_\_  
(Signature of athlete)

\_\_\_\_\_  
(Signature of parent or guardian if under 18)