



Northeastern Pennsylvania Athletic Training 5K Run/1 Mile Walk April 11th, 2010

The sixth annual Northeastern Pennsylvania Athletic Training 5K Run/Walk will occur on Sunday, April 11th, 2010 at Kirby Park in Kingston, Pennsylvania. This event will help raise money for a Northeastern Pennsylvania Athletic Training Scholarship. The scholarship will be given to one qualified athletic training student that is enrolled in one of the four Accredited Athletic Training Education Programs (ATEP) within Northeast Pennsylvania including Alvernia College, East Stroudsburg University, King's College, and Marywood University.

Registration: Pre-registration fee is \$10.00. Pre-registrations forms will be accepted if postmarked by February 27, 2009. Race day registration fee is \$15.00. Additional entry forms can be found at <http://neparunner.com> Every participant will receive a gift. Race day registration will begin at 8:30am - 9:45am at Kirby Park. **Race will begin at 10:00am.**

Entry forms can be mailed to:

Amy Brzoska, MS, ATC
King's College
133 N. River St
Wilkes-Barre, PA 18711
Phone: 570-208-5900, ext 5650
Email: AmyBrzoska@kings.edu

Please make checks payable to: PATS Inc. All money raised will be donated to the scholarship fund.

Course: 5K race is a pavement course.

Awards: Race awards will be given to the first overall male and female winner, the first male and female ATC or ATS, and in the following age groups: 18 & under, 19-25, 26-29, 30-39, 40-49, 50 & over. Awards for the walk will be given to the first overall male and female winners. In addition to the awards prizes may be given out to the race winners and registrants after the race. Awards will be given after the race at Kirby Park.

Following the run / walk there will be an awards ceremony including food, prizes, and gift giveaways. This time will also allow for the racers and the students to socialize, network, and interact with peers from other institutions. Also, students from the four schools will have poster presentations and pamphlets available to racers, peers, and the community on relevant medical topics.

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In consideration of acceptance of this entry, I, the undersigned, intending to be legal bound hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Pennsylvania Athletic Trainers Society, Inc. (PATS), King's College, Marywood University, East Stroudsburg University, Alvernia, and any other of their representatives, successors, and assigns, for any and all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. I agree to abide by any decisions of a race official relative to my ability to safely participate. I assume all risks associated with participating in the 5K and 1 Mile Challenge, including, by not limited to, falls, contact with other participants, effects of the weather including hot heat and/or humidity, the conditions of the trail, all such risks being known and appreciated by me. I attest and verify that I will participate in this event as a race entrant, that I am physically fit and sufficiently trained for the completion of this event, and that any physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the aforementioned parties to use my name, likeness, and voice as well as my photographs, videotape, motion pictures, recording, or any other record of this event in which I may appear for any legitimate purpose in advertising and promotion.

Name: _____ Age: _____

Address: _____

Phone: _____ Gender: M ___ F ___

Email: _____

Signature: _____ Date: _____

Signature of Parent or legal guardian (if under 18): _____